

## 8" Deep Dish Florentine Quiche

Classic savory custard pie swirled with spinach, peppers, tomato, cheddar, and swiss cheese.



### Nutrition Facts

Serving Size 5.3 oz (151g)  
Servings Per Container 6

Amount Per Serving

**Calories 350**    **Calories from Fat 230**

% Daily Value\*

<b>Total Fat</b> 26g	<b>40%</b>
Saturated Fat 11g	<b>55%</b>
Trans Fat 0g	
<b>Cholesterol</b> 170mg	<b>57%</b>
<b>Sodium</b> 480mg	<b>20%</b>
<b>Total Carbohydrate</b> 20g	<b>7%</b>
Dietary Fiber 1g	<b>4%</b>
Sugars 2g	

**Protein 11g**

**Vitamin A 30%**    •    **Vitamin C 8%**  
**Calcium 20%**    •    **Iron 4%**

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

### Handling Tips:

Defrost in refrigerator overnight. Product must be fully defrosted before heating in a conventional oven at 375 degrees for approx. 20-30 minutes or until thoroughly heated. Let stand for 5 minutes. Also microwavable by the slice.

### Shelf Life:

Frozen: 12 months  
Refrigerated: 5 days

<b>LQ Code</b>	3080830-011800-0
<b>Pack/Size</b>	8 / 2.0
<b>Cut</b>	6
<b>Gross Case Weight</b>	18.46
<b>Case Dimensions</b>	18.75x 11 x 9.5
<b>TI/HI</b>	10x6

### Ingredients:

Whole Milk, Eggs, Wheat Flour, Heavy Cream, Shortening (Palm Oil and Soybean Oil), Cheddar Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes), Swiss Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes), Water, Spinach, Onion, Red Bell Pepper, Tomatoes, Modified Cornstarch, Salt, Stabilizer (Sugar, Cornstarch, Agar, Carob Bean Gum, Salt), Spices.

Contains Egg, Milk, Soy, Wheat.

Manufactured on Equipment that Processes Peanuts and Tree Nuts.