Love & Quiches GOURMET®

Desserts from the Heart®

10" Classic Spinanch Florentine Quiche

Classic savory custard pie swirled with spinach, peppers and swiss cheese.

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Nutrition Facts

Serving Size 1 Slice (191g)
Servings Per Container 8

Amount Per Serving	
Calories 480	Calories from Fat 310
	% Daily Value*
Total Fat 34g	**52%**
Saturated Fat 15g	**75%**
Trans Fat 0g	
Cholesterol 185mg	**62%**
Sodium 580mg	**24%**
Total Carbohydrate 27g	**9%**
Dietary Fiber 2g	**8%**
Sugars 3g	
Protein 15g	

Vitamin A 50% • Vitamin C 60%

Calcium 30% • Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Handling Tips:

Defrost in refrigerator overnight Product must be thawed overnight thoroughly defrosted before heating in a conventional oven at 375 degrees for approx. 45 minutes. Let stand for 5 minutes.

Shelf Life:

Frozen: 12 months
Refrigerated: 5 days

LQ Code	QBD70108
Case UPC	2003201100496 2
Pack/Size	2/3.0
Cut	8
Gross Case Weight	7.57
Case Dimensions	11.75 x 11.75 x 7.00
TI/HI	12 x 11

Ingredients:

Whole Milk, Eggs, Wheat Flour, Heavy Cream, Cheddar Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes), Swiss Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes), Shortening (Palm Oil and Soybean Oil), Water, Onion, Spinach, Red Bell Pepper, Tomatoes, Modified Cornstarch, Salt, Stabilizer (Sugar, Cornstarch, Agar, Carob Bean Gum, Salt), Spices.

Contains: Egg, Milk, Soy, Wheat.

Manufactured on Equipment that Processes Peanuts and Tree Nuts.

Minimum Order Required

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