



Desserts from the Heart®

Mile High Carrot Cake

Traditional Favorite! Three-layer oversized carrot cake infused with walnuts and plump raisins then topped with cream cheese frosting and garnished with chopped walnuts.



Nutrition Facts

Serving Size 6 9/10 oz (196g)
Servings Per Container 14

Amount Per Serving

Calories 730 Calories from Fat 360

% Daily Value*

Total Fat 41g 63%

Saturated Fat 13g 64%

Trans Fat 0g

Cholesterol 100mg 33%

Sodium 550mg 23%

Total Carbohydrate 81g 27%

Dietary Fiber 3g 10%

Sugars 62g

Protein 9g 17%

Vitamin A 80% • Vitamin C 4%

Calcium 8% • Iron 8%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

		Calories 2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Handling Tips: Defrost in refrigerator overnight. Serve chilled. Refrigerate leftovers up to 5 days.

Shelf Life: Frozen: 12 months
Refrigerated: 5 days

LQ Code	CA1472
Case UPC	2003201100823 6
Pack/Size	2- 10" Round
Cut	14
Gross Case Weight	14.09
Case Dimensions	11.75 x 11.5 x9.5
TI/HI	12 x 8

Ingredients:

WATER, SUGAR, CONFECTIONER'S SUGAR, COCOA (ALKALIZED), UNBLEACHED WHEAT FLOUR, SEMISWEET CHOCOLATE (SUGAR, BITTER CHOCOLATE, COCOA BUTTER, SOYA LECITHIN, VANILLA), CORN SYRUP, SOYBEAN OIL, WHOLE EGGS, PALM OIL, SOUR CREAM (MILK, CREAM, MODIFIED FOOD STARCH, GUAR GUM, SODIUM CITRATE, CARRAGEENAN, LOCUST BEAN, CULTURE), BUTTER, SALT, BAKING SODA, BAKING POWDER (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, CORN STARCH, MONOCALCIUM PHOSPHATE), NATURAL VANILLA FLAVOR, EMULSIFIER (VEG- SORBITAN MONO- STEARATE, POLYSORBATE 60, VEG- AND MONO- AND DIGLYCERIDES, SODIUM PROPIONATE TO RETARD SPOILAGE.) ALLERGENS: CONTAINS MILK, EGG, WHEAT, SOY. MANUFACTURED ON EQUIPMENT THAT PROCESSES PEANUTS AND TREE NUTS.